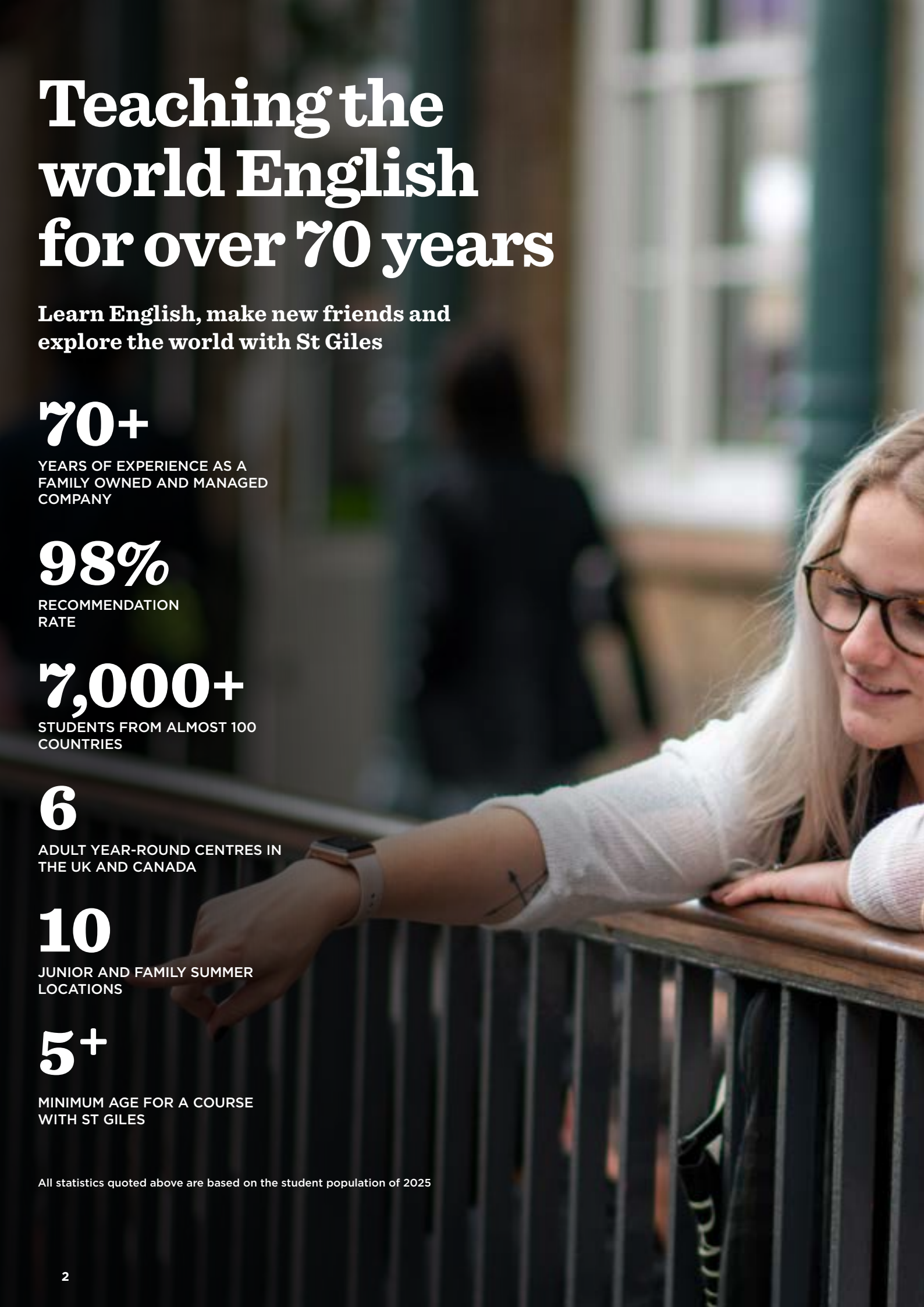
St Giles INTERNATIONAL

COURSE GUIDE 2026

Excellence in English Language Teaching

ADULT BUSINESS **JUNIOR** FAMILY **COURSES**

BRIGHTON CAMBRIDGE EASTBOURNE LONDON CENTRAL LONDON HIGHGATE VANCOUVER



Teaching the world English for over 70 years

Learn English, make new friends and explore the world with St Giles

70+

YEARS OF EXPERIENCE AS A FAMILY OWNED AND MANAGED COMPANY

98%

RECOMMENDATION RATE

7,000+

STUDENTS FROM ALMOST 100 COUNTRIES

6

ADULT YEAR-ROUND CENTRES IN THE UK AND CANADA

10

JUNIOR AND FAMILY SUMMER LOCATIONS

5+

MINIMUM AGE FOR A COURSE WITH ST GILES

All statistics quoted above are based on the student population of 2025

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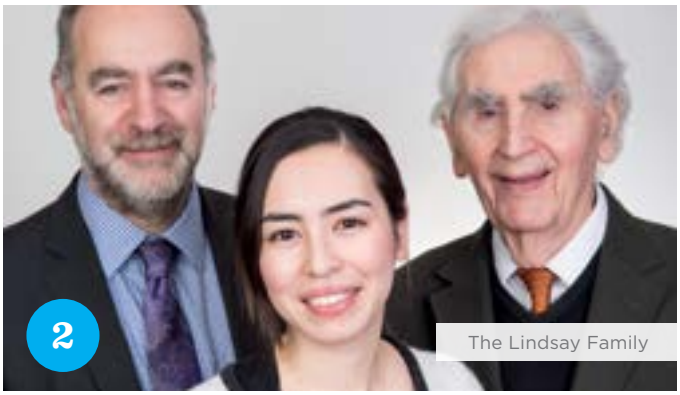
Why Learn English with St Giles?

Established in 1955

- Founded in Soho, London, St Giles has been welcoming students for over 70 years.
- Since we started, our students' happiness and success has been at the heart of what we do.



Family owned & managed for over 70 years

- St Giles was established by Paul and Diana Lindsay, and remains owned and managed by the Lindsay family today.
- St Giles International is an independent mid-sized collection of schools, fostering an environment where every student experiences a strong sense of belonging within a familial atmosphere.

Honoured by the Queen in 2015

- The Queen's Award for Enterprise is regarded as one of the most prestigious business awards in the UK.
- Mark Lindsay, CEO, visited Buckingham Palace to meet Queen Elizabeth II and receive the award in 2015.

Small class sizes

- St Giles offers small class sizes, allowing each student to receive more personal attention from their teacher.
- We have a maximum of 12 students per class at our adult and General English U16s courses. The maximum class size for our Platinum programmes is limited to 5 students.

Great value for money

- St Giles offers 5-star quality at an affordable price.
- Our Eastbourne centre offers the lowest prices of all our centres whilst our Vancouver and London Central centres offer excellent value in top locations.

A variety of accommodation options

- To enjoy a full immersion experience, choose to stay with a host family.
- To maintain a more independent lifestyle, you can opt to stay in a residence, hotel or guesthouse.

A location & course for everyone

- St Giles has 6 year-round adult centres, 5 Junior Summer, 1 Junior Winter centre, 4 Family centres & 2 Platinum centres in some of the best locations in the UK & Canada.
- Whether you're looking to improve your English to communicate with more ease, to enhance your career opportunities or just for fun, we have a course for you!

High quality teaching

- St Giles has been a pioneer in learner-centred English language teaching since 1955.
- We offer regular one-to-one feedback sessions to help you make progress. All of our centres also have active Teacher Development programmes.

Students at St Giles Brighton

An international experience

- In 2025, we welcomed over 7,000 students from almost 100 different countries.
- Take part in our exciting social programmes where you'll visit great attractions and make new friends from all around the world.

Access to St Giles e-School

- Improve your English in your own time with our fantastic e-learning platform (not available in Vancouver).
- Access our e-learning platform before your course begins and after it has finished.

Accreditations & Memberships

We have been nominated by our Partners as finalists for the Study Travel Star Awards, in the category 'ST Star Chain Language School'. These are peer-nominated awards that acknowledge excellence across the industry.

Accredited by the BRITISH COUNCIL for the teaching of English in the UK

MEMBER ENGLISH UK

Languages Canada Langues Canada

DESIGNATED B.C. Private Training Institution Branch

ST star awards FINALIST 2025

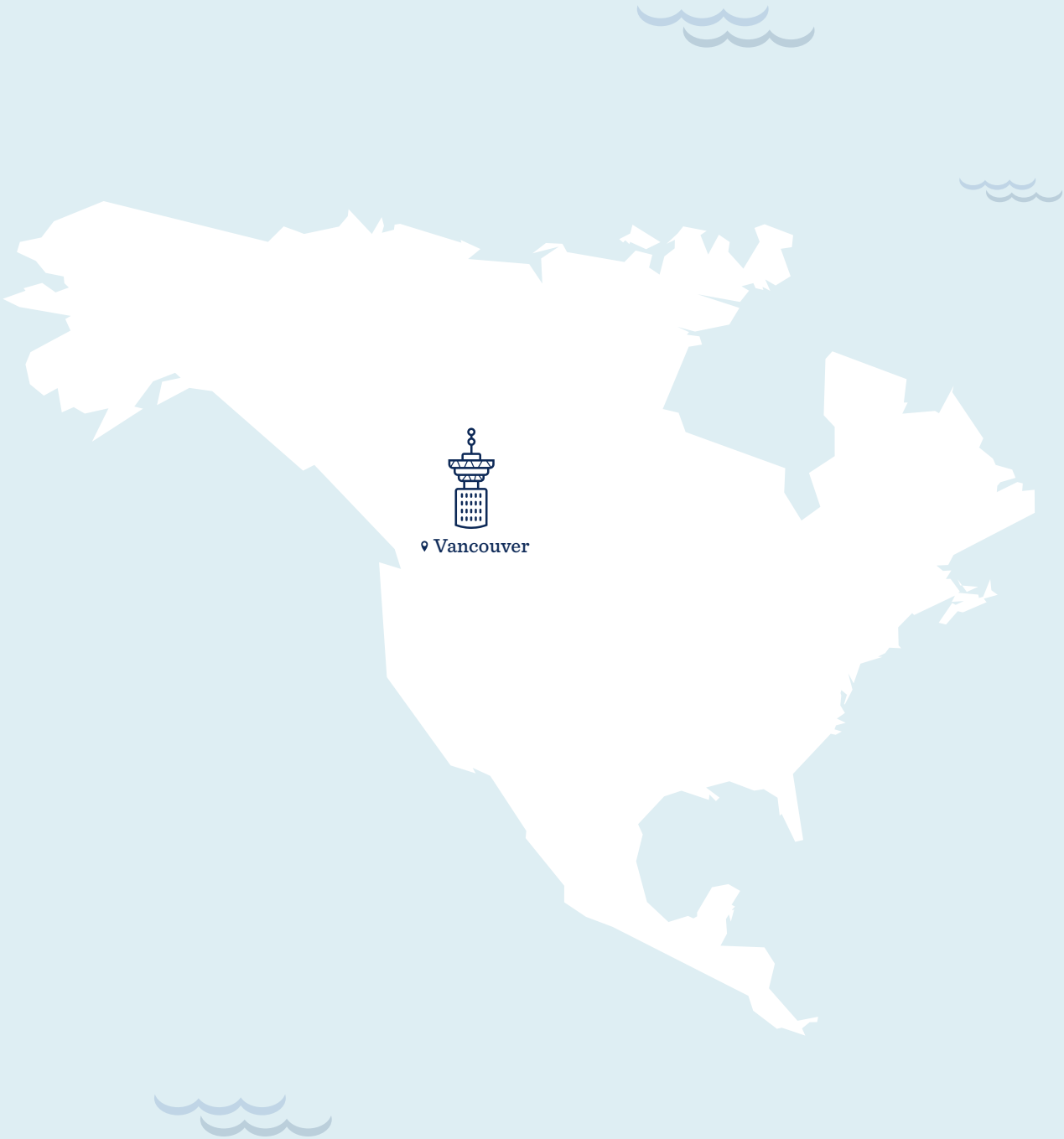
St Giles International is fully accredited and regularly assessed for the teaching of English by the British Council in the UK, and Languages Canada in Canada. These are major independent bodies that control quality standards in language centres in the UK and Canada. Our St Giles UK centres are also members of English UK. St Giles Vancouver has EQA designation and is recognised by British Columbia government as having met quality assurance standards. This EQA designation status is protected by PTIB accreditation which sets basic education standards for registered private career training institutions in British Columbia and establishes standards of quality.

Our Locations

6 ADULT YEAR-ROUND CENTRES

2 TEACHER TRAINING CENTRES

2 PLATINUM TRAINING CENTRES



5 JUNIOR SUMMER COURSE LOCATIONS

4 FAMILY COURSE LOCATIONS

1 JUNIOR WINTER COURSE LOCATIONS

Starting your St Giles Journey

Every student's journey at St Giles is unique. From when you first book your course with us until you say goodbye, we want to help you get the most out of your time with us.

When you arrive

When you arrive in the UK or Canada, we can arrange for a taxi to meet you and take you to your accommodation. Each of our schools offers a great range of options to suit your needs and budget.

Homestay

Homestay offers you the chance to stay with an English-speaking host in their home. It is a great choice if you want to practise your English naturally outside of the classroom, really experience the local life, or be in a more supportive environment. It also offers excellent value for money.

- Choose from single or twin rooms
- Half-board, bed & breakfast and self-catering options available
- Superior options are available at selected centres
- St Giles uses trusted homestay agencies on occasion

Chapter Highbury Residence, London

Residences

Student residences are ideal for students looking for a more independent lifestyle. Residences are generally located closer to the schools than homestays, often within walking distance. You'll also have the chance to meet other international students and make new friends! We offer a range of room types and meal options.

Hotels and Guesthouses

All of our centres have specially negotiated rates at a choice of hotels and guest houses. They are located within easy reach of the schools. These are a good option if you want to be independent but benefit from all the services that hotels offer, and are ideal for business or executive clients.

98%
of our students would recommend a course with us

Starting your lessons

Your learning

Our approach to teaching is focused on helping you achieve your personal goals, which we do through:

- Learner-centred teaching - we focus on the needs and interests of our students
- Flexible teaching plans - the contents of our courses are tailored to our students' needs
- Active learning in our classes through participation in activities and discussions

Meeting your teachers

To help you make the best progress, our teachers are all:

- Qualified, native-level English speakers, often with many years of experience
- Regularly observed and appraised, with detailed feedback to continue to improve their teaching
- Encouraged to take further qualifications

Your class

Before you start your course at St Giles, you will take an online placement test so we can make sure you are placed in the right class. You will then be put in a class with students who have a similar level of English and, where possible, are from a variety of countries.

At St Giles, we have a maximum class size of 12 at our year-round centres and 15 at our Junior centres. For even smaller class sizes, students can opt for our Platinum classes (available at selected locations). The minimum age is 21, and the maximum class size is 5. This means that you will enjoy personal attention from your teachers, which will help you make faster progress.

Your studies at St Giles

Making progress

Whether you study with us for a week or a year, we aim to help you make progress in your studies! To help us do this, we offer you:

- A one-to-one feedback meeting with your teacher every two weeks
- An in-class test every two weeks
- A regular progress test
- At the end of your programme, provided you attend at least 80% of your classes, you will receive a student report, confirming you studied with us and the progress you made during your course with us

Complimentary services

To help you get the most out of your learning experience, we offer additional free services outside of the classroom. These may include:

- Academic counselling sessions
- Help booking your exams
- Grammar support sessions
- Learning support sessions
- Access to St Giles e-School

Your facilities

All our schools offer modern facilities to help you enjoy your lessons and make the most of your time with us. These include:

- Interactive whiteboards in all our classrooms
- Free Wi-Fi around the school
- Café
- Self-access study facilities
- Bookshops and libraries

Explore our social programme on Instagram and TikTok. @stgiles_international

Being part of a well-organised institution where students are listened to carefully is a very important quality. Its location, very close to the city centre, is also very convenient. For students like me who both work and attend classes, having a residence in the same building is a great advantage.

Engin, Turkey

More than language learning

Safeguarding and child protection

We take safeguarding very seriously at our centres and we have Safeguarding Officers at every school. They provide support for students under the age of 18 to help ensure wellbeing throughout their stay. We also run background and police checks on all our staff.

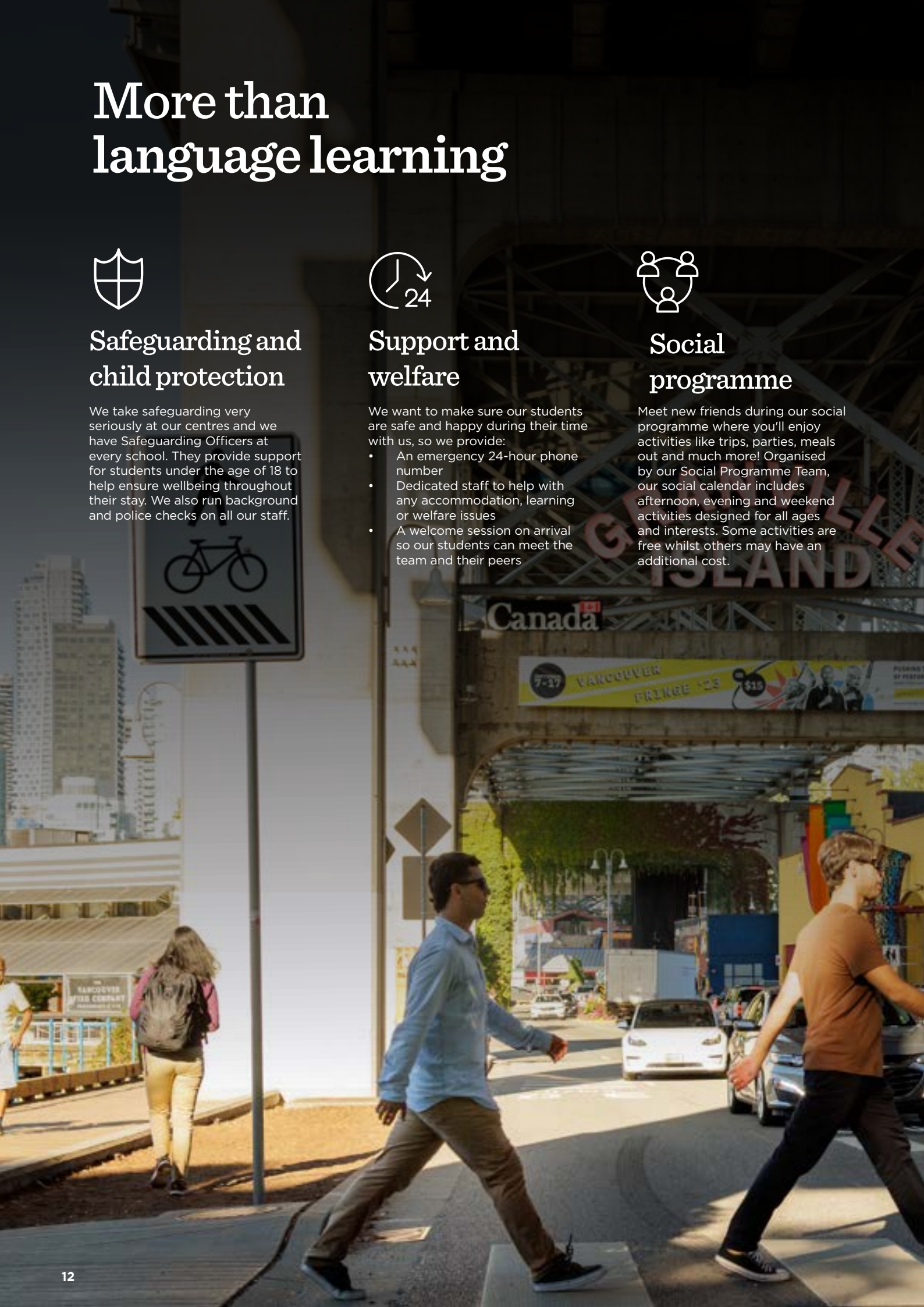
Support and welfare

We want to make sure our students are safe and happy during their time with us, so we provide:

- An emergency 24-hour phone number
- Dedicated staff to help with any accommodation, learning or welfare issues
- A welcome session on arrival so our students can meet the team and their peers

Social programme

Meet new friends during our social programme where you'll enjoy activities like trips, parties, meals out and much more! Organised by our Social Programme Team, our social calendar includes afternoon, evening and weekend activities designed for all ages and interests. Some activities are free whilst others may have an additional cost.



Our Mission Statement

Since 1955, St Giles has created a family of schools, fostering a community made up of long term international relationships. We have built on our experience and committed ourselves to constant improvement and high quality.

We aspire to treat students as individuals and to empower them to find their voice, and to create the conditions for an immersive English language learning journey both inside and outside our classrooms.

Choosing the right school for you

Multi-Centre Experience

Study at two or more of our schools, as long as you stay for at least two weeks at each centre

Where would you like to study?

UK

- Brighton
- Cambridge
- Eastbourne
- London Central
- London Highgate

CANADA

- Vancouver

Can't decide? Contact us for advice on which centre is best for you!

JUNIOR WINTER

- London

"NEW"

JUNIOR SUMMER

- Cambridge
- Canterbury
- London
- Oxford
- Yorkshire

FAMILY SUMMER

- Brighton
- Cambridge
- London Central
- London Highgate

St Giles e-School

Practise your English in your own time, using our online resources

Brighton

Combine vibrant city living with weekends on the beach, only 1 hour away from London.

Cambridge

Study English in one the most historic cities in the UK.

Eastbourne

Soak up the sun, the sea and friendly student living by the English coast.

London Central

Choose the ultimate English experience in the heart of London.

London Highgate

Learn English in a suburban school with a village feel, only 20 minutes from central London.

Vancouver

Discover Canada and study English in one of the most beautiful cities in the world.

St Giles Brighton

City life by the sea

Perfect for teens: Minimum age of 16 all year round!

- Our most popular location
- Only 1 hour away from London by train
- Located in the heart of Brighton, minutes from the sea, local bars and restaurants
- Fun and varied social programme where you will meet students from all around the world

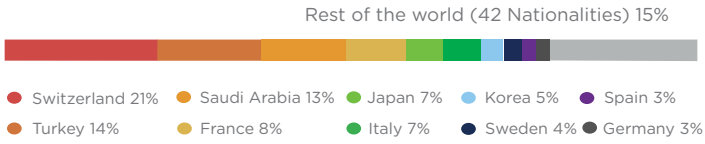
Choose your course

- General English
- General English for Over 30s
- International Semester (24+ weeks)
- Unpaid Work Placement in Hospitality (YMS)
- Exam Preparation (IELTS, Cambridge English)
- Teacher Training (CELTA and St Giles TEC)
- Platinum Courses: English for Executives and Mature Learners
- Family Summer Courses

Choose your accommodation

- St Giles George Street Residence (approx 4 min walk)
- Standard and Superior Homestays (approx 10-60 min by public transport)
- Hotels and Guest Houses (5-20 min walk)

Nationality Mix



Figures are based on student population in 2025 and will vary at different times of the year and on different courses

Why we love St Giles Brighton

George Street residence with its own terrace only a 4-minute walk from school

Central location, minutes from the pier, Brighton beach and the historic Laines district

Fun and varied social programme with daily activities and weekend trips

Outside St Giles Brighton

> **The school has an excellent location in Brighton, and you can find lots of interesting places, restaurants, bars, theatres and the beach nearby."**
>
> Andres, Colombia

Follow us
@stgiles_international

Key Facts

SELF-STUDY AREA

STUDENT CAFÉ

INTERACTIVE WHITEBOARDS IN ALL CLASSROOMS

STUDENT BOOKSHOP

PLATINUM COURSES FOR EXECUTIVES AND MATURE LEARNERS

425
CAPACITY

30
CLASSROOMS

16+
MIN AGE
(21+ PLATINUM)

27
AVERAGE AGE

10
AVERAGE CLASS SIZE (MAXIMUM 12)

St Giles Cambridge

Study in a historic university city

Perfect for teens: Minimum age of 14 all year round!

- The most famous university city in the world
- A boutique school where you'll receive plenty of personal attention
- Central location with easy connections to London
- Vibrant student programme with green spaces to relax and spend time with your friends

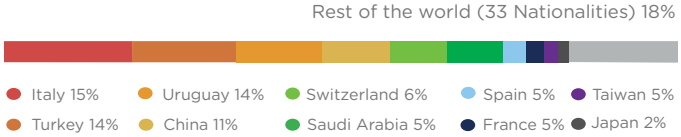
Choose your course

- General English Courses
- General English Under 16
- International Semester (24+ weeks)
- General English + Leadership
- General English + Business
- Examination Courses (IELTS, Cambridge English)
- Family Summer Courses

Choose your accommodation

- Homestay (approx 20-45 min by public transport)
- Studio apartment (approx 30-40 min by public transport)
- Summer student residence (approx 30-40 min walk)
- Hotels (approx 10-30 min walk)

Nationality Mix



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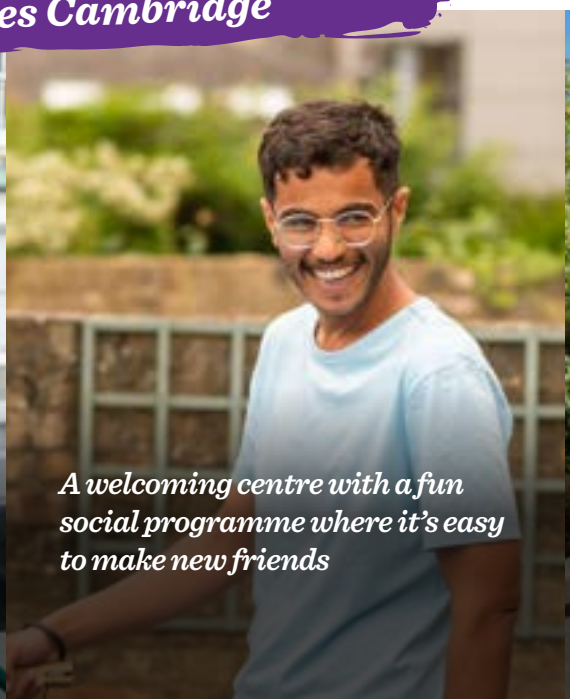
Why we love St Giles Cambridge

Cambridge is our smallest school, great for students looking for personalised attention



A welcoming centre with a fun social programme where it's easy to make new friends

Boutique school in the heart of historical Cambridge with a vibrant student life

Outside St Giles Cambridge

Follow us
@stgiles_international

> **St Giles Cambridge was a great experience! I improved my level of English and made many friends!"**
>
> Elias, Switzerland

Key Facts

SELF-STUDY AREAS

TABLE FOOTBALL AND TABLE TENNIS

STUDENT CAFÉ

INTERACTIVE WHITEBOARDS IN ALL CLASSROOMS

STUDENT LIBRARY

GARDEN TERRACE

92
CAPACITY

8
CLASSROOMS

14+
MIN AGE
12+ FOR CLOSED GROUPS

24
AVERAGE AGE

10
AVERAGE CLASS SIZE (MAXIMUM 12)

St Giles Eastbourne

Sun, sea and a peaceful atmosphere

Perfect for teens, with our lowest average age!

- Friendly school offering high levels of personal attention
- Great for students aged 14+ all year round
- A compact, safe and friendly town
- Offers the best value for money for both tuition and accommodation
- Only 40 min from Brighton and 90 min from London

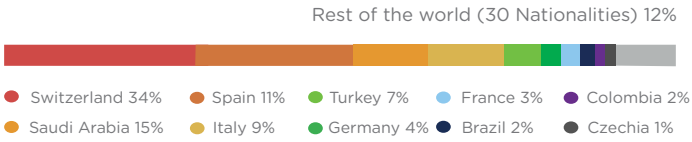
Choose your course

- General English Courses
- General English Under 16
- International Semester (24+ weeks)
- English Plus options (Business, University Studies, Leadership)
- Examination Courses (IELTS, Cambridge English)

Choose your accommodation

- Homestay (approx 15-60 min by walk or public transport)
- Guest Houses (approx 5-20 walk)
- Hotels (approx 5-20 min walk)

Nationality Mix



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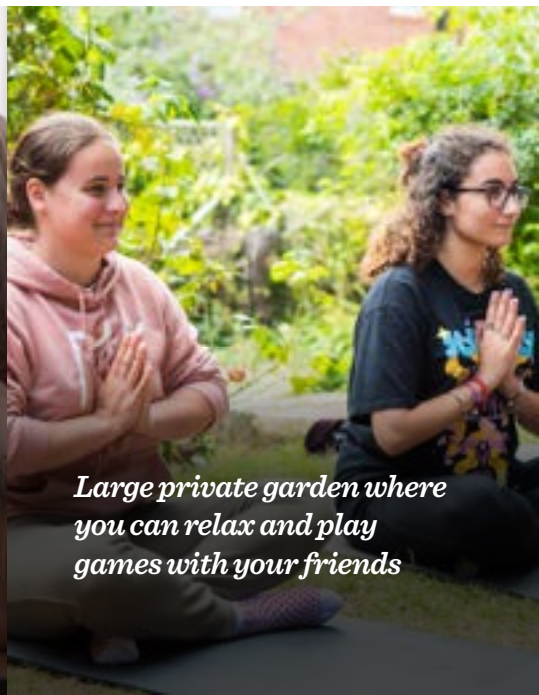
Why we love St Giles Eastbourne

Study only 5 minutes from the beach and close to your homestay

Eastbourne is our cheapest location - great for students on a budget



Large private garden where you can relax and play games with your friends

> “St Giles Eastbourne is a very friendly school and there is always a good atmosphere!”
>
> Henrieta, Slovakia

Outside St Giles Eastbourne

Follow us
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Key Facts

SELF-ACCESS STUDY CENTRE, RELAXATION AREA AND LIBRARY

STUDENT CAFÉ

INTERACTIVE WHITEBOARDS OR PROJECTORS IN ALL OUR YEAR-ROUND CLASSROOMS

GARDEN TERRACE

240
CAPACITY

20
CLASSROOMS

14+
MIN AGE

21
AVERAGE AGE

10
AVERAGE CLASS SIZE (MAXIMUM 12)

St Giles
London Central

Perfect for teens: Minimum age of 16 all year round!

Our largest school in the heart of the capital

- Safe on-site student residence with en-suite rooms
- Located 5 min from the British Museum
- A private roof garden, perfect for socialising with friends
- A great mix of modern facilities within an incredible 100-year old building

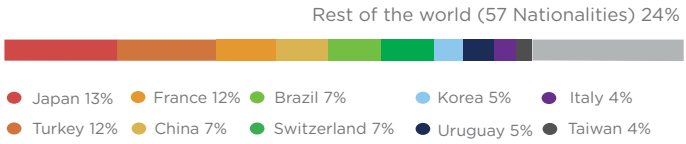
Choose your course

- General English Courses
- General English Over 30s
- International Semester (24+ weeks)
- English Plus options (Business, University Studies)
- Unpaid Work Placement in Hospitality (YMS)
- Platinum Courses: English for Executives
- Teacher Training Courses (CELTA and St Giles TEC)
- Examination Courses (IELTS and Cambridge English)
- Family Summer Courses

Choose your accommodation

- On-site Residence
- Additional year-round Residence (approx 25 min by public transport)
- Homestays (approx 45-60 min by bus or tube)
- Hotels (approx 3-10 min walk)

Nationality Mix



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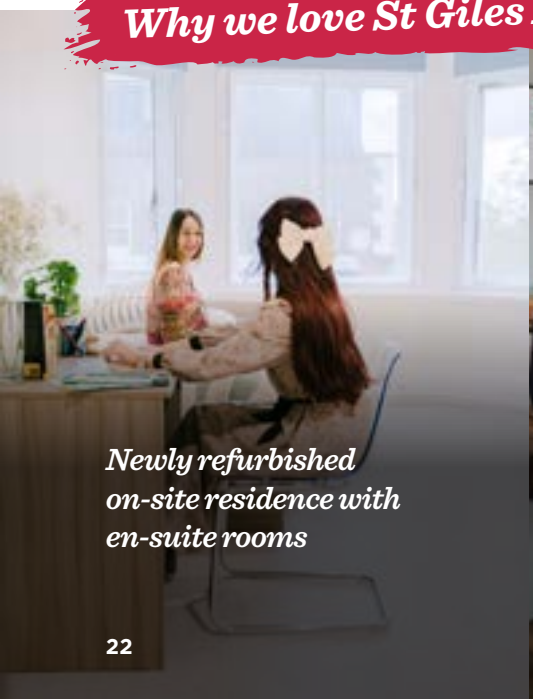
Why we love St Giles London Central



Newly refurbished on-site residence with en-suite rooms

Access to our Platinum Clubhouse if you choose our Platinum Course

Only minutes away from London's most famous landmarks

> **My experience at St Giles London Central was extraordinary. My English level really improved!"**
>
> Irma, Mexico

Follow us
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Outside St Giles London Central

Key Facts

- SELF-ACCESS STUDY CENTRE
- CLASSROOM, CAFE AND WASHROOMS
- INTERACTIVE WHITEBOARDS OR PROJECTORS IN ALL CLASSROOMS
- STUDENT BOOKSHOP
- ROOFTOP TERRACE
- PLATINUM COURSES FOR EXECUTIVES AND MATURE LEARNERS
- ON-SITE RESIDENCE

440
CAPACITY

40
CLASSROOMS

16+
MIN AGE
(21+ PLATINUM)

25
AVERAGE AGE

10
AVERAGE CLASS SIZE (MAXIMUM 12)

St Giles
London Highgate

Peaceful and green surroundings

Perfect for teens
Minimum age 14
all year round!

- A welcoming and friendly mid-sized school perfect for students of all ages
- Only 20 min from Central London
- Located in a safe and green neighbourhood of Highgate
- Private garden for socialising & summer BBQs

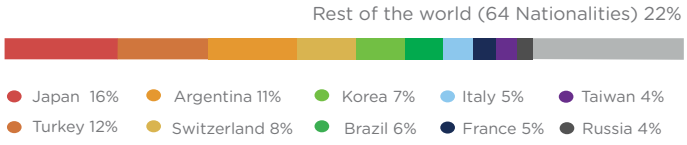
Choose your course

- General English Courses
- General English Under 16
- General English + Leadership
- International Semester (24+ weeks)
- Unpaid Work Placement in Hospitality (YMS)
- IELTS examination courses
- Family Summer Courses

Choose your accommodation

- Year-round Residences (approx 30-35 min by public transport)
- Homestays (approx 15-45 min by public transport)
- Hotels (approx 15-30 min by public transport)

Nationality Mix



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Why we love St Giles London Highgate

Beautiful school with a private garden where we host BBQs in the summer

Easy access to Central London: located only 20 minutes away by public transport

Safe and friendly environment with plenty of personal attention to our students

> **“At St Giles London Highgate you will know people from different countries and other cultures, you can discover many new things and make new friends.”**
>
> Paula, Brazil

Follow us
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Outside St Giles London Highate

Key Facts

SELF-ACCESS STUDY CENTRE AND LIBRARY

STUDENT CAFÉ AND CONSERVATORY

INTERACTIVE WHITEBOARDS OR PROJECTORS IN ALL CLASSROOMS

STUDENT BOOKSHOP

LARGE PRIVATE GARDEN

OUTDOOR PICNIC AREA

296
CAPACITY

25
CLASSROOMS

14+
MIN AGE

25
AVERAGE AGE
(18 IN THE SUMMER)

10
AVERAGE CLASS SIZE (MAXIMUM 12)

St Giles Vancouver

A boutique school in one of the most beautiful cities in the world

- A friendly and welcoming atmosphere with a varied social programme
- Walking distance to Stanley Park, the city harbour and popular shopping & entertainment areas
- A fantastic community within the school
- Modern facilities, perfect for mature learners

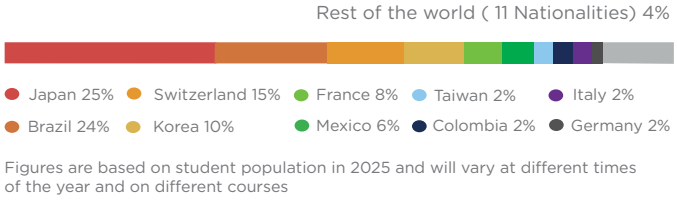
Choose your course:

- General English Courses
- Academic Year (20+ weeks)
- Examination Courses (Cambridge English CAE and IELTS)

Choose your accommodation

- Year-round Residences (approx 15-30 min walk)
- Standard and Superior Homestays (approx 50-65 min by bus)
- Hotels (approx 15-30 min walk)

Nationality Mix



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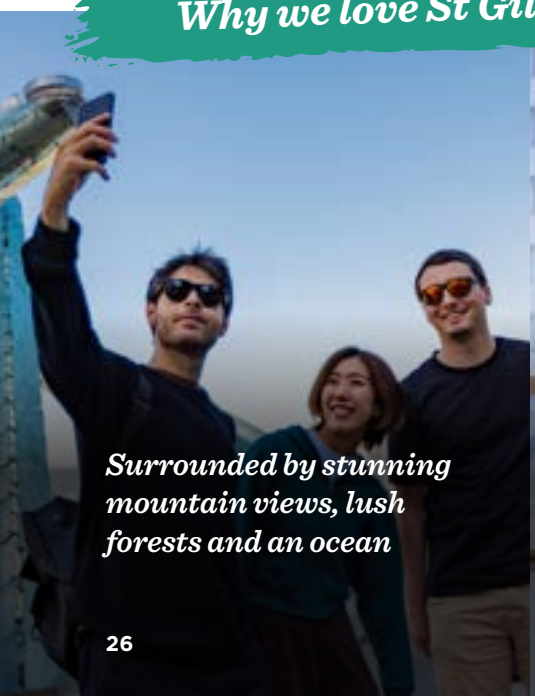
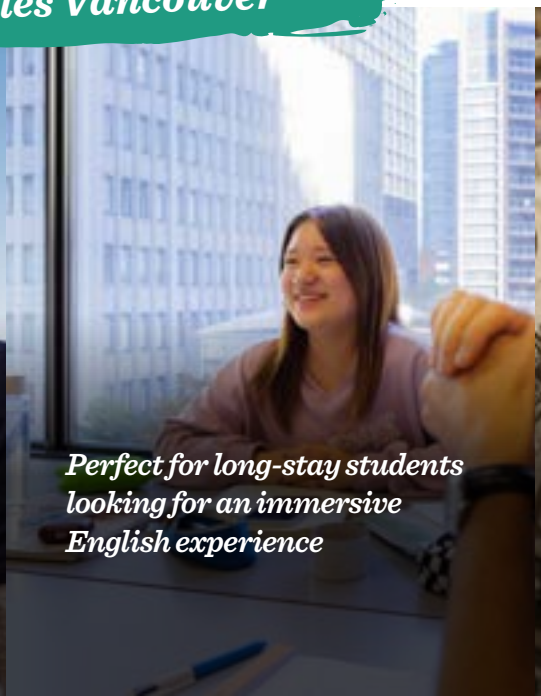
Why we love St Giles Vancouver



Surrounded by stunning mountain views, lush forests and an ocean



Perfect for long-stay students looking for an immersive English experience

A boutique school right in the heart of a friendly city with a thriving arts & culture scene

Follow us
@stgiles_international

Key Facts

SELF-ACCESS STUDY CENTRE

LIBRARY

STUDENT CAFÉ

INTERACTIVE WHITEBOARDS IN ALL CLASSROOMS

135
CAPACITY

11
CLASSROOMS

16+
MIN AGE

25
AVERAGE AGE

9
AVERAGE CLASS SIZE (MAXIMUM 12)

> **St Giles is the best school in Vancouver. I love my teachers!"**
>
> Pilar, Columbia

Which course is right for you?

Do you need help choosing the right course for you?
Contact
bookings@stgiles.co.uk
for a personal consultation

Are you looking to improve your all-round English communication?

- General English
- General English for Over 30s
- Basic Beginner Course (Pre-A1)
- General English Under 16

Do you want to take an English exam?

- IELTS Preparation
- Cambridge Exam Preparation (B2 First, C1 Advanced)

Do you want to learn English for a special purpose?

- General English + English for University Studies
- General English + Leadership
- Unpaid Career Development or Charity Volunteering (YMS & European Citizens)
- One-to-one lessons

Are you interested in enhancing your English teaching skills?

- TEC
- TEC + Trinity CertPT
- CELTA

Are you looking to improve your English for work or career?

- General English plus English for Business
- Platinum English Courses: English for Business People, Professionals and Mature Learners
- Platinum one-to-one lessons

Are you looking for a full package experience for children or teenagers?

- Junior Winter Course
- Junior Summer Courses
- PSG Academy Ackworth
- Family Courses

Your progress at St Giles

Different students learn at different speeds, but below you can see the average rate of progression on a 20 lesson per week course. It may be possible to make faster progress by taking more lessons per week or adding one-to-one lessons onto your course.

Pre-A1 (Basic Beginner Course)

4 - 6 WEEKS

A1 (Elementary)

IELTS 2.0-3.0, TOEFL 20, TOEIC 100-220

8 - 10 WEEKS

A2 (Pre-Intermediate)

IELTS 3.0-4.0, TOEFL 38-56, TOEIC 225-549, Cambridge KET

10 - 12 WEEKS

B1 (Intermediate)

IELTS 4.0-5.0, TOEFL 57-86, TOEIC 550-780, Cambridge PET

10 - 12 WEEKS

98% of our students in 2025 said they made good progress with us!

B2 (Upper-Intermediate)

IELTS 5.0-6.5, TOEFL 87-109, TOEIC 785-879, Cambridge FCE

10 - 12 WEEKS

C1 (Advanced)

IELTS 6.5-8.0, TOEFL 110-120, TOEIC 880-973, Cambridge CAE

10 - 12 WEEKS

C2 (Proficient)

IELTS 8.0-9.0, TOEIC 974-990, Cambridge CPE

10 - 12 WEEKS

This is a guide only and your personal progress will depend on a number of factors, including age, motivation, attendance and previous education.

COURSES AT ST GILES

BN Brighton
CB Cambridge
EB Eastbourne
LC London Central
LH London Highgate
VC Vancouver

COURSES	DESCRIPTION	MIN LEVEL*	COURSE LENGTH	START DATES	BN	CB	EB	LC	LH	VC
GENERAL ENGLISH										
General English (Group, One-to-one, Plus)	Communicate more effectively and confidently in everyday situations by practising the 4 main skills: reading, writing, listening and speaking. Maximum class size - 12 students.	A1+	1+ weeks	Every Monday except on public holidays	✓	✓	✓	✓	✓	
General English (Group Classes)	Communicate more effectively and confidently in everyday situations. Select 20 morning lessons or 28 lessons per week. Maximum class size - 12 students.	A1+	1 to 19 weeks	Every Monday except on public holidays						✓
General English *Under 16*	The course includes 28 lessons and 3 activities per week. Maximum class size - 12 students.	A1+	1-16 weeks	Every Monday except on public holidays		✓	✓		✓	
Basic Beginner Course	Study essential English language skills. Maximum class size - 12 students.	Pre-A1	4 weeks	Set start dates throughout the year	✓	✓	✓	✓	✓	
General English for *Over 30s*	General English for students aged 30+. Access to regular social events for over 30s. Maximum class size - 12 students. *Any over-30 Beginners can start only on Basic Beginner Course dates.*	B1+ in BN A2+ in LC	1+ weeks	Every Monday except on public holidays	✓			✓		
EXAMINATION COURSES										
Cambridge English	Prepare for the internationally recognised Cambridge English examinations: First, Advanced or Proficiency.	B1+	6-13 weeks	Set start dates throughout the year	✓	✓	✓	✓		
Cambridge Exam Preparation CAE	Prepare for the internationally recognised Cambridge English examination. Course includes 20 morning General English + 8	C1	1-8 weeks	Every Monday except on public holidays						✓
IELTS Preparation	**UK:** 20 morning lessons of IELTS + 8 optional afternoon lessons of General English *or* English for University Studies **Vancouver:** 20 morning lessons of General English + 8 afternoon	B1+	1+ weeks	Every Monday except on public holidays	✓	✓	✓	✓	✓	✓
LONG TERM ENGLISH										
International Semester Course	Designed for long-stay students wanting to improve their English. Students can also take examination preparation and	A1+	24+ weeks	Every Monday except on public holidays	✓	✓	✓	✓	✓	
Academic Year	Designed for long-stay students wanting to improve their English. Students can also take examination preparation. Available at 20 or 28 lessons per week.	A1+	20+ weeks	Every Monday except on public holidays						✓
ENGLISH FOR SPECIAL PURPOSES										
General English + English for Business	20 morning lessons of General English + 8 afternoon lessons of English for Business.	B1+	2-12 weeks	Every Monday except on public holidays	✓	✓	✓	✓	✓	
General English + English for University Studies	Learn and develop key skills required for university life in the UK. 20 morning lessons of General English + 8 afternoon lessons of English for University Studies.	B1+	4-12 weeks	Every Monday except on public holidays			✓	✓		
General English + Leadership	Learn and develop key skills required for leadership. 20 morning lessons of General English + 8 afternoon lessons of English for Leadership purposes.	B1+	2 weeks	Set start dates throughout the year		✓	✓		✓	
Unpaid Career Development or Charity Volunteering (YMS & European Citizens)	Use your English in a working environment related to your professional interest. Work placement is available from 2 to 6 months, with a minimum of 2 weeks of English course booked at St Giles.	B1+	2+ weeks	Every Monday except on public holidays	✓			✓	✓	
PLATINUM COURSES (MINIMUM AGE 21)										
Platinum Courses	Customised language training in comfortable and exclusive surroundings for business professionals or mature and ambitious learners who want to develop their skills as quickly	Beginner + (for one-to-one) A1+ (for group)	1+ weeks	Every Monday except on public holidays	✓			✓		
TEACHER DEVELOPMENT COURSES										
Teachers of English Course (TEC)	Two-week teacher development course designed for non-native English teachers.	B2+	2 weeks	Set start dates throughout the year	✓			✓		
Teachers of English Course (TEC)+ Trinity CertPT	Two-week development course leading to the Trinity CertPT, designed for experienced English language teachers.	B2+	2 weeks	Set start dates throughout the year	✓					
CELTA Course	Full-time and part-time teacher training course with a structured and practical introduction to teaching.	C1+	4+weeks	Set start dates throughout the year	✓			✓		
JUNIOR COURSES										
Summer Courses	All-inclusive summer packages for Junior students wanting to improve their English. Students will enjoy a full programme packed with fun activities and excursions during their stay.	Beginner+ Ages 8-17	1+ weeks	Set start dates during the summer	Choice of locations in the UK					
Winter Courses	All-inclusive winter packages for Junior students wanting to improve their English. Students will enjoy a full programme packed with fun activities and excursions during their stay.	Beginner+ Ages 11-17	1+ weeks	Set start dates during the winter	Choice of locations in the UK					
FAMILY COURSES										
Family Courses	Summer packages for families looking to learn and practise English on their holiday. A range of flexible packages are available for all families.	Beginner+ Ages: Children 5-15, Adults 16+	1+ weeks	Set start dates during the summer	✓	✓		✓	✓	

***English levels:** St Giles offers courses at all levels from Beginner to Proficient, corresponding approximately to the CEFR (Common European Framework of Referenc for describing language ability. Levels are stated for each course as follows: Beginner, A1 (Elementary), A2 (Pre-Intermediate), B1 (Intermediate), B2 (Upper Intermediate), C1 (Advanced), C2 (Proficient).

St Giles e-School

St Giles e-School is our bespoke student platform that not only supports your learning journey before you arrive at your school but also continues to be a valuable resource even after you have completed your studies at St Giles*.

*St Giles e-School is not available in Vancouver

Welcome to St Giles e-School

- Get access from 12 weeks before your start date until 12 weeks after your course ends
- Do your homework
- Look at course plans including learning aims and outcomes
- Do progress tests and writing tests
- Complete Questionnaires
- Receive One to One feedback from your teachers
- Extra practice and study
- Find information on your school and local area
- Sign up for events & join our social programme
- Receive announcements from teachers and management

General English

Our General English course is designed to help you communicate more effectively and confidently in everyday situations. At the end of your course you will:

- be able to speak with greater confidence and fluency with an increased vocabulary
- have developed your listening, reading and writing skills
- have a greater understanding of the grammatical structure of English

In 2026, we're launching redesigned Skills courses with clearer focus, practical outcomes, and real-world relevance.

Our most popular course!

General English

Choose this course if... You want to get the best value for money and practice your speaking, listening, reading & writing skills with students from all over the world

Study this course at... All centres

Choose from...

- **Intensive** 28 lessons per week for faster progress
- **Peak Morning** 20 lessons per week to mix studying with free time to explore
- **Off Peak Afternoon** 20 lessons per week for our best value option (UK schools only)

Study with... A maximum of 12 students, average 10

You must be at least level... A1 (Elementary)

Start the course... Every Monday except public holidays

Study for... 1+ weeks

International Semester 24 weeks +

Choose this course if... You want to spend 6 or more months studying abroad. The course consists of General English classes, but you can also add an examination preparation or an English Plus module to your course

Study this course at... All UK centres

Choose from... 20 or 28 lessons per week

Study with... A maximum of 12 students

You must be at least level... A1 (Elementary)

Start the course... Every Monday except public holidays

Study for... 24+ weeks

Academic Year (Vancouver)

Choose this course if... You want to spend 20 weeks or more studying in Canada. This course consists of General English classes, but you can also add an examination preparation option to your course

Study this course at... Vancouver

Choose from... 20 or 28 lessons per week

Study with... A maximum of 12 students

You must be at least level... A1 (Elementary)

Start the course... Every Monday except public holidays

Study for... 20+ weeks

Basic Beginner Course

Choose this course if... You have little to no English, and want to learn essential language skills in a supportive learning environment. You will learn basic grammar and vocabulary, as well as speaking and listening skills. You will then be able to progress onto a longer General English course at A1 (Elementary) level

Study this course at... All UK centres

Choose from... 20 or 28 lessons per week (depending on centre) to mix studying with free time in the afternoons to explore

Study with... A maximum 12 other students, average 10

You must be at least... Beginner level

Start the course... At set start dates throughout the year

Study for... 4 weeks

General English One-to-One

Choose this course if... You want to develop your skills in a short amount of time and benefit from lessons designed to meet your needs. During lessons you can focus on developing your fluency, learn special vocabulary or prepare for an examination

Study this course at... All UK centres

Choose from... Any number of lessons per week

You must be at least level... Beginner to C2 (Proficient)

Start the course... Every Monday except public holidays

Study for... 1+ weeks

General English Under 16*

Choose this course if... You are aged 14 or 15, and want to study independently at an adult year-round centre rather than on a Juniors Summer course

Study this course at... Cambridge, Eastbourne and London Highgate

You will have... 28 lessons plus three supervised social and leisure activities per week

Study with... A maximum of 12 students

You must be at least level... A1 (Elementary)

Start the course... Every Monday except public holidays

Study for... 1-16 weeks

*Under 16s: Students aged under 16 may be placed in class with adults in cases of low demand.

Add one-to-one classes to your General English Group course to make faster progress

Learn
English in a
dedicated 30+
environment

General English for Over 30s

If you are aged 30 or over and want to study with students of a similar age, this course offers you a unique learning experience.

Available in Brighton and London Central!

Choose this course if... You are aged 30 or over and want to study with students of a similar age

Benefit from...

- Studying with students with similar life experiences
- Access to regular social events for over 30s
- Invitations to certain Platinum events to help improve your business and networking opportunities

Key Facts:

Study this course at... Brighton and London Central

You will have... 20 morning lessons per week

Study with... A maximum of 12 students

You must be at least level... B1+ in Brighton and A2+ in London Central

You must be aged at least... 30 years

Start the course... Every Monday except on public holidays

Study for... 1+ weeks

Over 30s Programme:

Morning lessons... 9:00am to 12:45pm Monday to Friday

Afternoons... 1:45pm to 3:40pm Private study time / Free time

Brighton activities... sample programme might include:

- Tuesday 3:40pm - Cream tea at the Ivy
- Wednesday 8pm - Guest speaker / business lecture at the school
- Thursday 7pm - Dinner in town
- Friday 6pm - Networking event in the Platinum Lounge

London activities... sample programme might include:

- Tuesday 4pm - Hidden London art gallery visit
- Wednesday 7pm - Culinary London: Vietnamese restaurants of Shoreditch
- Thursday 6pm - Networking event in the Platinum Lounge
- Friday 7pm - Pub crawl and beer tasting

Examination Courses

Our Examination Courses offer you preparation for a choice of internationally recognised English examinations. We offer preparation courses for Cambridge English, and for IELTS. These courses can either be taken on their own or combined with General English for a longer course. The programme will include test techniques and strategies for your chosen examination and will also help you improve your listening, speaking, reading and writing skills.

By the end of any examination preparation course at St Giles you should:

- Have taken or be ready to take an internationally recognised exam
- Have developed independent study and exam skills
- Have improved your level of English and your confidence

St Giles can help arrange your exam. Please speak to our registrars when making your booking. IELTS exams can be arranged by all our centres.

IELTS Preparation

Choose this course if... You want to study at a university anywhere in the English-speaking world and you need to prove the level of your English

Study this course at... All centres

Choose from... 20 morning lessons of IELTS preparation, with an optional additional 8 afternoon lessons of either General English or English for University Studies.

20 morning lessons of General English, with additional 8 afternoon lessons of IELTS in Vancouver.

Study with... A maximum of 12 students

You must be at least level... B1 (Intermediate)

Start the course... Every Monday

Study for... 1+ weeks

Cambridge English Examination Courses

Choose this course if... You are looking to take a Cambridge English examination, a qualification accepted internationally by employers and educational institutions. St Giles can help you prepare for B2 First, C1 Advanced Exams

Study this course at... All centres for B2 First and C1 Advanced exams; Vancouver only offers C1 Advanced courses

Choose from... 20 or 28 lessons per week

Study with... A maximum of 12 students

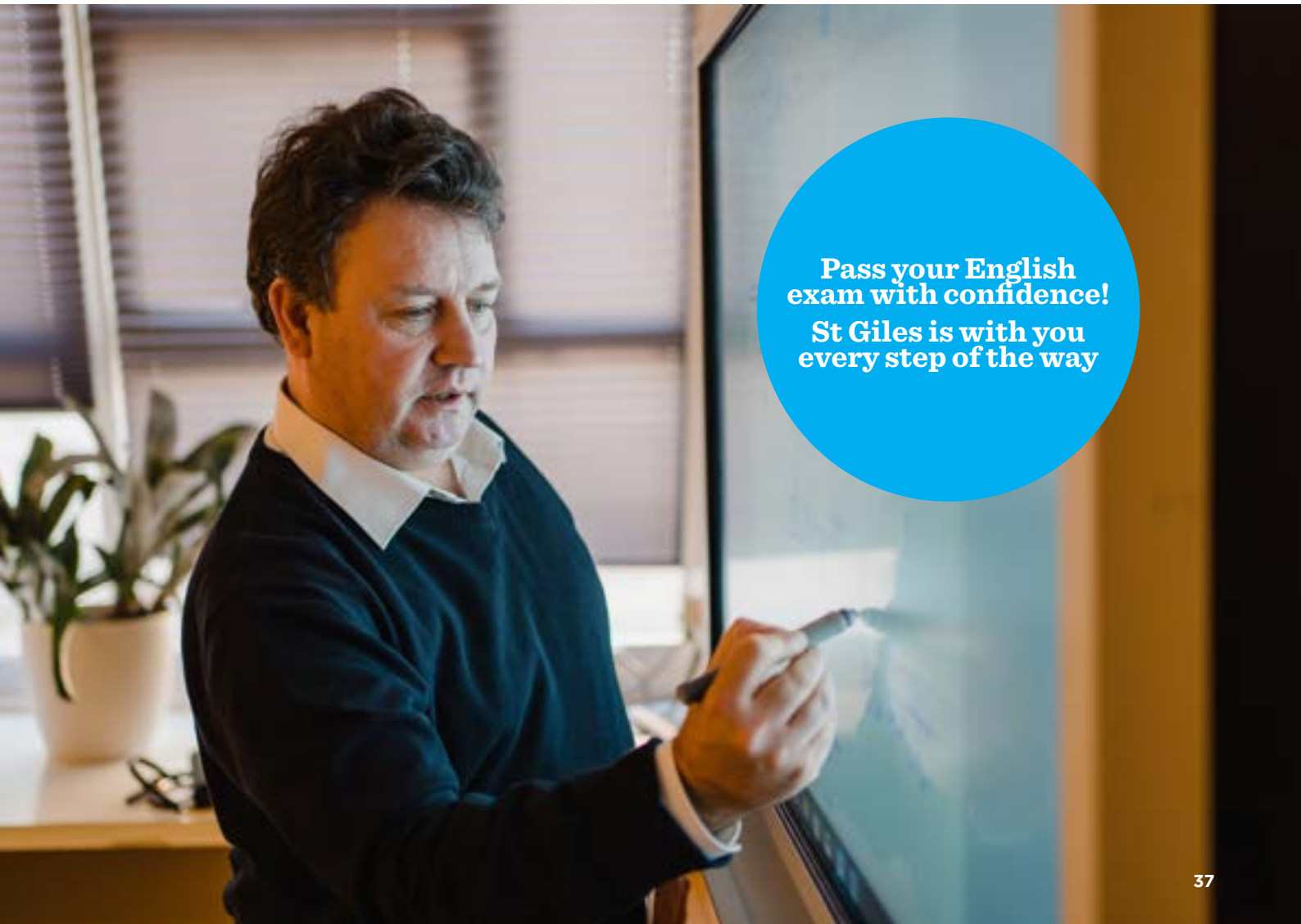
You must be at least level...

- B2 First: B1/B2 (Intermediate/Upper-Intermediate)
- C1 Advanced: B2/C1 (Upper-Intermediate/Advanced)

Start the course... At set start dates throughout the year in the UK

Every Monday in Vancouver

Study for... 4-13 weeks in the UK and 1-8 weeks in Vancouver



English for Special Purposes

Our English for Special Purposes courses are designed to give you the English skills and experience you will need for your future studies or career.

Unpaid Career Development or Charity Volunteering (YMS Visa Holders Only and European Citizens)

Choose this course if... You want to use your English in a working environment related to your professional interest. You will complete an English course at St Giles before going into an unpaid work placement at an area of your choice within the hospitality sector

Course criteria:

- For holders of Youth Mobility Scheme (YMS) Visas Only
- European Citizens
- Open to nationals aged 18-30 from Hong Kong, Japan Taiwan and Uruguay and nationals aged 18-35 from South Korea

Study this course at... Brighton, London Central and London Highgate

Study for... 2 weeks minimum and add a work placement from 2 to 6 months.

You must be at least level...
B1/B2 (Intermediate)

Start this course... Every Monday except public holidays

Brighton offers unpaid placements in:

Retail: Charity, Retail Fashion, Books, Homeware. You must be at least level B1

Charity programme: Architecture, Social Media & Marketing incl. Fashion Sustainability. You must be at least level B2

London offers unpaid placements in:

Retail: Charity, Retail Fashion, Books, Homeware. You must be at least level B1

Charity programme: Business Administration, Creative & Photography, Educational Elderly or Disability Care, HR, IT, NGO International, Social Media & Marketing, Sports, Sustainability. You must be at least level B2

* St Giles or our Partner provider Professionals UK cannot legally assist with Work Permits. Registration or any other legal documents except to advise the candidate (via the agents) that a particular document e.g. visa, is required.

General English plus English for Business

Choose this course if... You want to improve your English communication skills for the workplace

What will you learn?

- Managing business meetings
- Making telephone and video calls for businesses
- Giving presentations and writing professional reports
- Applying for jobs, including CVs, cover letters and interview techniques
- Writing professional emails and letters

Study this course at... All UK centres

Choose from... 28 lessons per week, with 20 morning lessons of General English and 8 afternoon lessons focusing on English for Business

Study with... A maximum of 12 students

You must be at least level...
B1 (Intermediate)

Start the course... Every Monday except public holidays

Study for... 2-12 weeks

English for University Studies

Choose this course if... You want to study at a British university and need to develop the essential reading, writing and presentational skills required for university life

Study this course at... Eastbourne and London Central

Choose from... 20 morning lessons of General English/IELTS Preparation/ Cambridge Preparation with 8 afternoon lessons of English for Academic Purposes

Study with... A maximum of 12 students

You must be at least level...
B1 (Intermediate)

Start the course... Every Monday

Study for... 4-12 weeks

Did you know that you can take General English plus English for Business course as a module on your International Semester Course?

Cambridge CELTA Courses

The Cambridge Certificate in English LanguageTeaching to Adults (CELTA) is recognised by the British Council and by many employers and governments worldwide.

Successful completion of the 4-week full-time CELTA course will enable you to begin a professional career as an English language teacher. You can seek work in a wide range of countries, or you can teach online. Our CELTA trainees come from all different walks of life.

Cambridge CELTA Courses

Study this course at...
St Giles Brighton or London Central

Choose from...

- A 4-week intensive course (face-to-face only) in Brighton or London Central
- Part-time courses in London Central

All CELTA courses consist of a minimum 120 hours of attendance and additional hours of self-study

You will observe qualified St Giles teachers and have teaching practice with groups of real students most days

Study with... A maximum of 12 people for Brighton and 15 for London Central

Start the course... On set start dates throughout the year

Entry requirements

- No previous teaching experience or knowledge is required but you should have a university degree or a standard of education equivalent to that which is required for entry to university
- Your English language level must be at least C1 and preferably C2

Course objectives

The CELTA course is a structured and practical introduction to teaching: it will equip you with the professional knowledge, practical skills, and confidence you need to start your teaching career. The course will show prospective employers that you:

- Understand the principles of effective teaching, how people learn and the roles of teacher and learner
- Understand how to analyse language for the purpose of teaching
- Have demonstrated the ability to put your new knowledge and skills into practice in a real-life teaching context

The assessment process

Component One – Teaching Practice

You will be expected to teach for a total of six hours, working with classes at two different levels of ability. Assessment is continuous and is based on your overall performance during the six hours

Component Two - Written Assignments

You will be asked to complete four written assignments: one focusing on adult learning, one on the language system of English, one on language skills and one on classroom teaching

The Cambridge CELTA is awarded to candidates who meet the course requirements and whose performance meets or exceeds the criteria for both components of assessment. Your progress will be monitored by your tutors throughout the course

Platinum Courses

For Business & Career

Perfect for students aged 21+

Platinum Courses are designed for professionals, executives and mature learners looking to enhance their language ability and skills in a short amount of time. Platinum courses are for people aged 21+ and are available at our dedicated centres in Brighton and London Central.

Why choose a Platinum Course?

- Focus on your specific learning needs to achieve your objectives with our pre-course questionnaire
- English trainers with specialised backgrounds
- Make faster progress with smaller group classes (maximum 5 students in a class) or focus on your specialisation* in a one-to-one class
- Lessons focus predominantly on English for work and business, with lessons including English skills for meetings, negotiations, presentations, social situations and written communication
- Some of our previous students have come from:
  - McKinsey
  - Microsoft
  - Mitsubishi
  - JP Morgan
  - Pfizer Pharmaceuticals
  - Hitachi

*Aviation, law, finance, journalism, human resources, medicine

Outside of lessons

- Use our dedicated Platinum centres, which offer an exclusive place to study, relax and network with other professionals. They feature comfortable Platinum Clubhouses, where you'll find facilities including free Wi-Fi and complimentary refreshments. Our Platinum Clubhouses have been recently refurbished
- Enjoy our dedicated Platinum social programme, with social and cultural activities to give you the chance to further improve your skills in a relaxed social environment
- Choose from our recommended accommodation for Platinum students, including Superior Homestays and Guest Houses/Hotels

Course Facts:

Duration: 1+ weeks with 20+ lessons per week

Start dates: Every Monday except public holidays

Requirements: You are 21+ years old and level A1+ for Group Courses (Beginners can take one-to-one lessons)

Class size: 5 students maximum (group courses)

ST GILES JUNIOR WINTER COURSE

For ages 11–17 years

Experience the winter of a lifetime in the UK!

LONDON From 11 January – 8 February 2026

At St Giles Juniors, students enjoy a fantastic British experience with accommodation in hotel residences, offering authentic comfort and cultural immersion.

We offer a package programme at our Juniors centres which includes lessons, **accommodation, meals, supervision and a fun social programme full of activities!**

QUALITY TEACHING

- 20 lessons per week (50 minutes per lesson)
- Suitable for Beginner to Advanced (C1) students with a placement test on arrival

ENGLISH PLUS

- All learning materials, end of course certificate and full report
- Optional English Plus (5 hrs/week): Exam Skills, Writing & Speaking

ACCOMODATION AND WELFARE

- Hotel accommodation. Transport to school included where applicable
- Close supervision and a 24-hour emergency telephone number
- All meals, with plenty of variety. Special diets and requirements can be catered for upon request
- Travel and medical insurance

NEW IN 2026!

ACTIVITIES & EXCURSIONS

Every St Giles Junior Winter Course is packed with activities, excursions, local visits, sports and games, all carefully designed to be both educational and fun. The programme of activities and trips is chosen to help you make new friends, practise your English and have fun from your very first day at the centre until you leave! Students will enjoy:

- Up to 2 full-day and 2 half-day excursions per week
- A daytime and evening programme of social activities, sports, local visits, and sightseeing

My week at St Giles London Winter Course

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	7:30 – 8:30 Breakfast at the homestay					
	9:00 – 13.00 General English lessons					
	13:00–14:00 Lunch					
Arrive in London!	Swimming	Madame Tussauds	Camden Market	Music Video Challenge	Ice Skating	London Day Trip
	19:00 Dinner					
Games Night	Global Culture Quiz	Chill out night	International Film Night	Talent Show	Disco & Graduation Ceremony	T-shirt decorating and pizza party

Sample timetables are subject to change and provided as a guide only.

Please note that all schedules are subject to change.

ST GILES JUNIOR SUMMER COURSES

For ages 8–17 years

LONDON	From 28 June – 2 August 2026
CAMBRIDGE, CANTERBURY	From 5 July – 9 August 2026
PSG ACADEMY ACKWORTH	From 12 July – 16 August 2026
OXFORD STEM *	From 19 July – 2 August 2026

*Science, Technology, Engineering & Mathematics

At St Giles Juniors, students can enjoy a fantastic British experience, studying at a variety of university and boarding school sites. We offer something for everyone!

We offer a package programme at our Juniors centres which includes lessons, **accommodation, meals, supervision and a fun social programme full of activities!**

QUALITY TEACHING

- 20 lessons per week (50 minutes per lesson)
- Suitable for Beginner to Advanced (C1) students with a placement test on arrival

ENGLISH PLUS

- All learning materials, end of course certificate and full report
- Optional English Plus (5 hrs/week): University Taster, Exams, Arts, and Writing & Speaking

ACCOMODATION AND WELFARE

- All meals, with plenty of variety. Special diets and requirements can be catered for upon request
- Residential accommodation on university or boarding schools campuses
- Close supervision and a 24-hour emergency telephone number
- Travel and medical insurance

ACTIVITIES & EXCURSIONS

Every St Giles Junior Summer Course is packed with activities, excursions, local visits, sports and games, all carefully designed to be both educational and fun. The programme of activities and trips is chosen to help you make new friends, practise your English and have fun from your very first day at the centre until you leave! Students will enjoy:

- At least 1 full-day and 2 half-day excursions per week
- A daytime and evening programme of social activities, sports, local visits, and sightseeing

My first week at St Giles Juniors

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	7:00 am Wake up					
	8.00 am Breakfast					
Arrive in London!	General English lessons (20 lessons of 50 mins per week)			Excursion to Brighton and Chill out night	General English lessons (20 lessons of 50 mins per week)	
	13.00–14.00 Lunch				13.00–14.00 Lunch	
	Thames river cruise	Shakespeare's Globe	Platform 9 3/4		Camden Market	Westminster walking tour
	18.00 Dinner					
Dance Workshop	Great British Food Quiz	London Eye		Capture the Flag	Disco	Graduation ceremony

Sample timetables are subject to change and provided as a guide only.

Please note that all schedules are subject to change.

ST GILES FAMILY SUMMER COURSES

FLEXIBLE PACKAGES
LESSONS FOR PARENTS
ARE OPTIONAL!

FOR PARENTS AND CHILDREN AGED 5–15*

BRIGHTON, LONDON CENTRAL & LONDON HIGHGATE — From 21 June – 9 August 2026

CAMBRIDGE — From 5 July – 9 August 2026

*Ages vary by location. Please check course details for each school in the Junior & Family brochure or on the website.

Our family courses are the perfect choice for a fun and educational summer holiday. Families can visit the UK together and combine quality language learning for both adults and children with a fun activity programme. With four different centres offering this programme, there's something for every family!

Parents can study English in the mornings at our year-round adult schools, St Giles Brighton, St Giles Cambridge, St Giles London Central or St Giles London Highgate whilst their children have lessons in classes nearby.

For parents looking for Business English, or one-to-one lessons why not upgrade to our Platinum course, to make faster progress and benefit from more specialised lessons?

PARENTS–WHY NOT UPGRADE YOUR COURSE TO OUR BUSINESS ENGLISH PLATINUM LESSONS?

ST GILES FAMILY COURSES OFFER

- 20 English lessons (16.7 hours) each week
- 3 afternoons activities and 1 full day excursion per week
- Optional meals and accommodation
- Certificate and end of course report

* Centres have different running dates within this time period

Enjoy our flexible packages with a suitable option for every member of the family!

A week at the British seaside!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			09.00–13.00			
			Aa General English lessons (20 lessons of 50 minutes)			
			Lunch			
			14.00–17.00			
Arrive in Brighton	Free time	Brighton Royal Pavilion	Seven Sisters national park	Pottery painting	Free time	Full day excursion to London
			Free evening to spend with your family!			

Please note that all schedules are subject to change. Free evening and afternoon time is for families to organise their own time and activities.
Please note that some activities and excursions will require families to travel on public transport and families are advised to purchase a travel pass for this purpose.

N.B Beginner level Juniors students will be placed in elementary classes and given extra support. Beginner level adult students will have to opt for one-to-one lessons unless there is a convenient English for Beginners course start date at the adult school.

Book your course

To book your course, you can:

View our prices and book online

Download an enrolment form from our website and email **bookings@stgiles.co.uk**

Contact your local St Giles Overseas Partner

How to pay:

- If you book through an Overseas Partner, you can make your payment through them. They will be able to help you plan your time abroad and can help you with your visa if you need one.
- If you book directly, you can pay by debit card, credit card or by international bank transfer. After we receive a deposit payment for your course, our team will send you confirmation documents and pre-arrival information.

Contact us at
bookings@stgiles.co.uk

WhatsApp us on
+44 7732 756 876

All information is correct at the time of going to print, August 2025.

Let's get social!

We are on Instagram!
Follow us @stgiles_international

Join us on LinkedIn
Connect with St Giles International

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